

# February

# BREAKFAST

Unitized K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 San Fran Blueberry Crisp Cereal –Fruit Or Juice	2 Zee Zee Berry Apple Bar w/ Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	3 Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice Pancake Strawberry Bowl	4 Banana Muffin w/ Fruit Or Juice Corn Chex w/ String Cheese-Fruit Or Juice	5 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice
8 Cheerios w/ Educational Snacks w/ Fruit Or Juice Corn Chex w/ String Cheese w/ Fruit Or Juice	9 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Pancake Strawberry Bowl	10 Cheerios w/ String Cheese w/ Fruit Or Juice Cinnamon Crumble w/ Fruit Or Juice	11 Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice Banana Muffin w/ Fruit Or Juice	12 Yogurt-Cinnamon Grahams w/ Fruit Or Juice Waffle-Syrup w/ Fruit Or Juice
15 San Fran Blueberry Crisp Cereal –Fruit Or Juice Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice	16 Zee Zee Berry Apple Bar w/ Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	17 Banana Muffin w/ Fruit Or Juice Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice	18 Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice Strawberry Pancake Bowl w/ Fruit Or Juice	19 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice
22 Yogurt-Granola w/ Fruit Or Juice Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice	23 Zee Zee Berry Apple Bar w/ Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	24 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice	25 Banana Muffin w/ Fruit Or Juice Cinnamon Grahams - String Cheese w/ Fruit Or Juice	26 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice

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revolution foods.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Dairy-Free (DF)**

**Vegetarian (V)**

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

# February

# BREAKFAST

Unitized PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 San Fran Blueberry Crisp Cereal w/ Fruit Or Juice	2 Corn Chex-Educational Snacks w/ Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	3 Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice Pancake Strawberry Bowl	4 Banana Muffin w/ Fruit Or Juice Corn Chex w/ Educational Snacks-Fruit Or Juice	5 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice
8 Cheerios w/ Educational Snacks w/ Fruit Or Juice Corn Chex w/ String Cheese w/ Fruit Or Juice	9 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Pancake Strawberry Bowl	10 Cheerios w/ String Cheese w/ Fruit Or Juice Cinnamon Crumble w/ Fruit Or Juice	11 Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice Banana Muffin w/ Fruit Or Juice	12 Yogurt-Cinnamon Grahams w/ Fruit Or Juice Waffle-Syrup w/ Fruit Or Juice
15 San Fran Blueberry Crisp Cereal w/ Fruit Or Juice Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice	16 Corn Chex w/ Educational Snacks-Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	17 Banana Muffin w/ Fruit Or Juice Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice	18 Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice Pancake Strawberry w/ Fruit Or Juice	19 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice
22 Yogurt-Granola w/ Fruit Or Juice Cinnamon Chex w/ Educational Snacks w/ Fruit Or Juice	23 Cinnamon Crumble w/ Fruit Or Juice Cheerios w/ String Cheese w/ Fruit Or Juice	24 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Burst Bagel w/ Cream Cheese w/ Fruit Or Juice	25 Banana Muffin w/ Fruit Or Juice Cinnamon Grahams – String Cheese w/ Fruit Or Juice	26 Plain Bagel w/ Cream Cheese w/ Fruit Or Juice Blueberry Muffin w/ Fruit Or Juice

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Vegetarian (V)

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# February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Chicken Enchilada w/ Lemon Pepper and Seasonal Fruit Italian Calzoni w/ Corn (VG) Chicken Salad Sandwich w/ Carrots Corn Peas (DF)</p>	<p>2 Hot Dog w/ Pinto Beans (DF) Pizza Panada Pie w/ Cilantro Lime Pinto Beans Tuna Kit Sandwich w/Celery (DF)</p>	<p>3 Bean and Cheese Burrito w/ Black Beans (VG) Chicken Queso Ranchero Rice Bake w/ Black Beans Veggie Taco Salad w/ Seasonal Fruit (VG)</p>	<p>4 Chicken Mumbo w/ Baby Carrots (DF) Cheese Lasagna w/ Coin Carrots (VG) Mighty Meaty Deli Combo w/ Baby Carrots and Seasonal Fruit</p>	<p>5 Cheese Pizza w/ Side Salad and Seasonal Fruit (VG) Chicken Garlic Noodles w/ Broccoli Sunbutter Jelly Kit w/ String Cheese w/ Salad Side (VG)</p>
<p>8 Hamburger w/ Baby Carrots-Seasonal Fruit Chili w/ Mini Cornbread w/ Baby Carrots (VG) Cheese Cracker Kit</p>	<p>9 Chicken Taco Trio w/ Black Beans Zesty Beef Pasta w/ Black Beans and Seasonal Fruit Veggie Taco Salad w/ Seasonal Fruit (VG)</p>	<p>10 Pepper Jack Chicken Melt w/ Roasted Potatoes Italian Calzoni w/ Corn (VG) Egg Salad (VG) (DF)</p>	<p>11 BBQ Chicken Drumstick w/ Pinto Beans and Seasonal Fruit Chicken Enchilada w/ Broccoli and Seasonal Fruit Sunbutter Jelly Kit w/ String Cheese w/ Garbanzo Salad</p>	<p>12 Pizza Panada Pie w/ Broccoli and Seasonal Fruit Alfredo w/ Broccoli (VG) Cheese Sandwich w/ Side Salad (VG)</p>
<p>15 Bean and Cheese Burrito w/ Black Beans (VG) Chicken Queso Ranchero Rice Bake w/ Black Beans Sunbutter Jelly Kit w/ String Cheese and Garbanzo Salad (VG)</p>	<p>16 Chicken Mumbo w/ Baby Carrots (DF) Cheese Lasagna w/ Coin Carrots (VG) Mighty Meaty Deli Comb0 w/ Baby Carrots and Seasonal Fruit</p>	<p>17 Cheese Enchilada w/ Corn and Seasonal Fruit (VG) Breakfast for Lunch( Pancakes/Omelet) w/ Roasted Potatoes (VG) Chicken Salad Sandwich w/ Carrots Corn Peas (DF)</p>	<p>18 Italian Calzoni w/ Cucumber (VG) Chicken Teriyaki w/ Broccoli (DF) Mighty Meaty Deli Combo- w/ Baby Carrots and Seasonal Fruit</p>	<p>19 Cheese Pizza w/Side Salad and Seasonal Fruit (VG) Chicken Garlic Noodles w/ Broccoli Flatbread Greek Garbanzo w/ Side Salad (VG) (DF)</p>
<p>22 Hamburger w/ Baby Carrots and Seasonal Fruit Chili w/ Mini Cornbread (VG) Baby Carrots Cheese Cracker Kit</p>	<p>23 BBQ Chicken Drumstick w/ Pinto Beans and Seasonal Fruit Chicken Enchilada w/ Broccoli and Seasonal Fruit Chicken Sesame Wrap w/ Cabbage</p>	<p>24 Pepper Jack Chicken Melt w/ Roasted Potatoes Pretzel Nacho Cheese Calzoni w/ Peas (VG) Egg Salad Sandwich w/ Carrot Corn Peas (DF) (VG)</p>	<p>25 Chicken Taco Trio w/ Black Beans Bean and Cheese Pupusa w/ Black Beans and Seasonal Fruit Turkey Sandwich w/ Garbanzo Beans</p>	<p>26 Pizza Panada Pie w/ Broccoli and Seasonal Fruit Pasta Alfredo w/Broccoli (VG) Cheese Sandwich w/ Salad Side (VG)</p>

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available on request

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Chicken Enchilada w/ Lemon Pepper and Seasonal Fruit Italian Calzoni w/ Italian Garlic Corn (VG) Chicken Salad Sandwich w/ Carrots Corn Peas (DF)</p>	<p>2</p> <p>Hamburger w/Broccoli (DF) Pizza Panada Pie w/ Cilantro Lime Pinto Beans (VG) Tuna Kit Sandwich w/Celery(VG)</p>	<p>3</p> <p>Bean and Cheese Burrito w/ Black Beans (VG) Chicken Queso Ranchero Rice Bake w/ Black Beans SW Veggie Wrap (VG)</p>	<p>4</p> <p>Chicken Mumbo w/ Baby Carrots (DF) Pizza Panada Pie w/ Broccoli and Seasonal Fruit Mighty Meaty Deli Combo – Diced Carrots</p>	<p>5</p> <p>Cheese Pizza w/ Side Salad and Seasonal Fruit (VG) Chicken Garlic Noodles w/ Broccoli Sunbutter Jelly Kit w/ String Cheese w/ Side Salad (VG)</p>
<p>8</p> <p>Hamburger w/ Diced Carrots and Seasonal Fruit Chili w/ Mini Cornbread w/ Diced Carrots Cheese Cracker Kit</p>	<p>9</p> <p>Chicken Taco Trio -Black Beans Pasta Alfredo w/Peas (VG) SW Veggie Wrap (VG)</p>	<p>10</p> <p>Pepper Jack Chicken Melt w/ Roasted Potatoes Italian Calzoni w/ Italian Garlic Corn (VG) Egg Salad (VG) (DF)</p>	<p>11</p> <p>BBQ Chicken w/ Cheesy Rice and Pinto Beans Chicken Enchilada w/ Broccoli and Seasonal Fruit Sunbutter Jelly Kit w/ String Cheese w/ Side Salad (VG)</p>	<p>12</p> <p>Pizza Panada Pie w/ Broccoli and Seasonal Fruit Pasta Alfredo w/Broccoli Cheese Sandwich w/ Cucumber (VG)</p>
<p>15</p> <p>Bean and Cheese Burrito w/ Black Beans (VG) Chicken Queso Ranchero Rice Bake w/ Black Beans Sunbutter Jelly Kit w/ String Cheese (VG)</p>	<p>16</p> <p>Chicken Mumbo w/ Baby Carrots (DF) Pizza Panada Pie w/ Broccoli and Seasonal Fruit Mighty Meaty Deli Combo w/ Diced Carrots</p>	<p>17</p> <p>Cheese Enchilada w/ Corn and Seasonal Fruit (VG) Breakfast for Lunch(Pancakes/Omelet) w/ Roasted Potatoes (VG) Chicken Salad Sandwich w/ Carrots Corn Peas</p>	<p>18</p> <p>Italian Calzoni w/ Cucumber (VG) Chicken Teriyaki w/ Broccoli(DF) Mighty Meaty Deli Combo w/ Diced Carrots</p>	<p>19</p> <p>Cheese Pizza w/ Side Salad-Seasonal Fruit Chicken Garlic Noodles w/ Broccoli Flatbread Greek Garbanzo w/ Side Salad (VG) (DF)</p>
<p>22</p> <p>Hamburger w/ Diced Carrots and Seasonal Fruit Chili w/ Mini Cornbread w/ Diced Carrots (VG) Cheese Cracker Kit</p>	<p>23</p> <p>BBQ Chicken w/ Cheesy Rice w/ Pinto Beans Chicken Enchilada w/ Broccoli and Seasonal Fruit WrapChickenSesame</p>	<p>24</p> <p>Pepper Jack Chicken Melt w/ Roasted Potatoes Pretzel Nacho Cheese Calzoni w/ Peas (VG) Egg Salad Sandwich w/ Carrot Corn Peas (DF) (VG)</p>	<p>25</p> <p>Chicken Taco Trio -Black Beans Bean and Cheese Pupusa w/ Black Beans and Seasonal Fruit Turkey Sandwich w/ Corn (DF)</p>	<p>26</p> <p>Pizza Panada Pie w/ Broccoli and Seasonal Fruit Pasta Alfredo w/ Broccoli Cheese Sandwich w/ Cucumber (VG)</p>

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